

# A Littlewood-Paley type inequality

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**Abstract.** In this note we prove the following theorem:

Let  $u$  be a harmonic function in the unit ball  $B \subset \mathbf{R}^n$  and  $p \in [\frac{n-2}{n-1}, 1]$ . Then there is a constant  $C = C(p, n)$  such that

$$\sup_{0 \leq r < 1} \int_S |u(r\zeta)|^p d\sigma(\zeta) \leq C \left( |u(0)|^p + \int_B |\nabla u(x)|^p (1 - |x|)^{p-1} dV(x) \right).$$

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## 1 Introduction

Throughout this note  $n$  is an integer greater than or equal to 3,  $B(a, r) = \{x \in \mathbf{R}^n \mid |x - a| < r\}$  denotes the open ball centered at  $a$  of radius  $r$ , where  $|x|$  denotes the norm of  $x \in \mathbf{R}^n$  and  $B$  is the open unit ball in the  $n$ -dimensional Euclidean space  $\mathbf{R}^n$ .  $S = \partial B = \{x \in \mathbf{R}^n \mid |x| = 1\}$  is the Euclidean boundary of  $B$ . Further,  $dV(x)$  denotes the Lebesgue volume measure on  $B$ ,  $d\sigma$  the normalized surface measure on  $S$ .

Let  $U$  be the unit disc in the complex plane and  $dm(z) = r dr \frac{d\theta}{\pi}$  the normalized Lebesgue area measure on  $U$ . Let  $\mathcal{H}(U)$  be the space of all harmonic functions on  $U$  and  $\mathcal{H}^p(U)$  the Hardy harmonic space i.e., the set of harmonic functions on  $U$  such that

$$\|u\|_{\mathcal{H}^p(U)} = \sup_{0 < r < 1} \left( \int_{\partial U} |u(re^{it})|^p dt \right)^{1/p} < +\infty.$$

It is well known that when  $p \geq 1$  for a given  $u^* \in \mathcal{L}^p(\partial U)$ , the harmonic extension of  $u^*$  on  $U$ , denoted by  $u$ , is

$$u(z) = \frac{1}{2\pi} \int_{\partial U} \frac{1 - |z|^2}{|e^{it} - z|^2} u^*(e^{it}) dt, \quad \text{for } z \in U \quad (1)$$

Also it is well known that

$$\lim_{r \rightarrow 1-0} u(re^{it}) = u^*(e^{it}), \quad \text{a.e. on } \partial U$$

and  $u \in \mathcal{H}^p(U)$ .

The following theorem has been recently proved in [7].

**Theorem A.** *Suppose  $p \geq 1$  and  $0 < s < 1$ . Then there is a constant  $C > 0$  such that for any harmonic extension  $u$  of  $u^* \in \mathcal{L}^p(\partial U)$  the following estimate holds:*

$$\|u^* - u(0)\|_{\mathcal{L}^p(\partial U)}^p \leq C \int_U |\nabla u|^p (1 - |z|)^{p-ps-1} dm(z).$$

It is interesting that the proof given there holds also in the case  $p \in (0, 1]$ ,  $s = 0$ . Hence, when  $p = 1$  we have

$$\|u - u(0)\|_{\mathcal{L}^p(\partial U)}^p \leq C \int_U |\nabla u|^p (1 - |z|)^{p-1} dm(z), \quad (2)$$

for any harmonic extension  $u$  of  $u^* \in \mathcal{L}^1(\partial U)$ . The proof is based on the fact that the integral means of subharmonic functions are nondecreasing.

Inequality (2) can be viewed as a Littlewood-Paley type inequality. The inequality of Littlewood and Paley is the one contained in the following theorem, see [4], [5] and [8].

**Theorem B.** *If  $u^*$  is a function in  $\mathcal{L}^p(\partial U)$  and if  $u$  is the harmonic function defined via Poisson integral of  $u^*$ , then*

$$\int_U |\nabla u(z)|^p (1 - |z|^2)^{p-1} dm(z) \leq C \int_{\partial U} |u^*|^p d\sigma \quad \text{for } p \geq 2$$

and

$$\int_U |\nabla u(z)|^p (1 - |z|^2)^{p-1} dm(z) \geq C \int_{\partial U} |u^*|^p d\sigma \quad \text{for } p \in (1, 2]$$

where  $C$  is a constant independent of  $u$  and  $p$ .

Theorem A motivated us to investigate analogous estimate when  $p \in (0, 1]$ . We consider similar estimate in the case of harmonic functions on the unit ball  $B$ . Let  $\mathcal{H}(B)$  be the space of all harmonic functions on  $B$  and  $\mathcal{H}^p(B)$  the Hardy harmonic space on  $B$ . In this paper we prove the following theorem.

**Theorem 1.** Suppose  $p \in [\frac{n-2}{n-1}, 1]$  and  $u \in \mathcal{H}(B)$ . Then there is a constant  $C = C(p, n)$  such that

$$\sup_{0 \leq r < 1} \int_S |u(r\zeta)|^p d\sigma(\zeta) \leq C \left( |u(0)|^p + \int_B |\nabla u(x)|^p (1 - |x|)^{p-1} dV(x) \right).$$

In particular, if  $\int_B |\nabla u(x)|^p (1 - |x|)^{p-1} dV(x) < \infty$ , then  $u \in \mathcal{H}^p(B)$ .

## 2 Auxiliary results and the proof of the main result

In order to prove the main result we need three auxiliary results. Throughout the paper  $C$  denotes a positive constant that may change from one step to the next.

The first one is well known Fefferman-Stein lemma that was proved in [1], see also [3].

**Lemma 1.** Let  $0 < p < \infty$ . Then for every multi-index  $\beta$ ,

$$|D^\beta u(a)|^p \leq \frac{C}{r^n} \int_{B(a,r)} |D^\beta u|^p dV \quad \text{whenever } B(a, r) \subset B,$$

for all  $u \in \mathcal{H}(B)$  and some constant  $C$  depending only on  $\beta$ ,  $p$  and  $n$ .

**Lemma 2.** Suppose  $0 < p < \infty$  and  $\alpha \in \mathbf{R}$ . Then there is a constant  $C = C(p, \alpha, n)$  such that

$$\begin{aligned} M_\infty^p(u, 7/8) &= \max_{x \in B(0, 7/8)} |u(x)|^p \\ &\leq C \left( |u(0)|^p + \int_B |\nabla u(x)|^p (1 - |x|)^{p+\alpha} dV(x) \right), \end{aligned}$$

for all  $u \in \mathcal{H}(B)$ .

**Proof.** Since  $u(x_0) - u(0) = \int_0^1 u'(tx_0)dt = \int_0^1 \langle \nabla u(tx_0), x_0 \rangle dt$ , by elementary inequalities we obtain

$$|u(x_0)|^p \leq c_p \left( |u(0)|^p + |x_0|^p \max_{|x| \leq 7/8} |\nabla u(x)|^p \right), \quad (3)$$

for each  $x_0 \in \overline{B(0, 7/8)}$ , where  $c_p = 1$  for  $0 < p < 1$  and  $c_p = 2^{p-1}$  for  $p \geq 1$ .

On the other hand by Lemma 1 and some simple calculations we obtain

$$|\nabla u(x)|^p \leq C \int_{B(x, 1/16)} |\nabla u(y)|^p dV(y)$$

for each  $x \in \overline{B(0, 7/8)}$  and consequently

$$\max_{|x| \leq 7/8} |\nabla u(x)|^p \leq \max\{C 16^{p+\alpha}, C\} \int_{B(0, 15/16)} |\nabla u(y)|^p (1 - |y|)^{p+\alpha} dV(y). \quad (4)$$

From (3) and (4) the result follows.  $\square$

For  $x \in B \setminus B(0, 5/9)$ ,  $x = r\zeta$ ,  $\zeta \in S$ , and a continuous function  $f$  let define the following “maximal” function:

$$f^{max}(x) = \sup \left\{ |f(t\zeta)| \mid |x| - \frac{5(1 - |x|)}{4} < t < |x| + \frac{3(1 - |x|)}{4} \right\}.$$

**Lemma 3.** Let  $u \in \mathcal{H}(B)$ . Then there is a constant  $C = C(p, n)$  such that

$$\int_{11/19}^1 M_p^p((\nabla u)^{max}, r)(1 - r)^{p-1} r^{n-1} dr \leq C \int_0^1 M_p^p(\nabla u, r)(1 - r)^{p-1} r^{n-1} dr.$$

**Proof.** Let  $x = r\zeta \in B \setminus B(0, 11/19)$ ,  $\zeta \in S$ . By Lemma 1 it follows that

$$((\nabla u)^{max}(x))^p \leq \frac{C}{(1 - r)^n} \int_{B((r - \frac{1-r}{4})\zeta, \frac{9}{8}(1-r))} |\nabla u|^p dV. \quad (5)$$

Replacing  $x$  in (5) by  $Ux$ , where  $U$  is an arbitrary orthogonal transformation of  $B$ , then using the change  $y \rightarrow Uy$  and integrating with respect to the Haar measure on the orthogonal group  $\mathcal{O}(n)$  we obtain

$$\int_{\mathcal{O}(n)} ((\nabla u)^{max}(Ux))^p dU \leq \frac{C}{(1 - r)^n} \int_{\mathcal{O}(n)} \int_{B((r - \frac{1-r}{4})\zeta, \frac{9}{8}(1-r))} |\nabla u(Uy)|^p dV(y) dU.$$

By Fubini's theorem and since  $\int_{\mathcal{O}(n)} |g(Ux)|^p dU = \int_S |g(|x|\zeta)|^p d\sigma(\zeta)$  we obtain

$$M_p^p((\nabla u)^{max}, |x|) \leq \frac{C}{(1-r)^n} \int_{B((r-\frac{1-r}{4})\zeta, \frac{9}{8}(1-r))} M_p^p(\nabla u, |y|) dV(y). \quad (6)$$

Multiplying (6) by  $(1-r)^{p-1}$ , then integrating over  $B \setminus B(0, 11/19)$ , using the fact that

$$\frac{1}{8}(1-|x|) \leq 1-|y| \leq \frac{19}{8}(1-|x|) \quad \text{for } y \in B\left(\left(r - \frac{1-r}{4}\right)\zeta, \frac{9}{8}(1-r)\right)$$

and using Fubini's theorem, we obtain

$$\begin{aligned} & \int_{B \setminus B(0, 11/19)} M_p^p((\nabla u)^{max}, |x|) (1-r)^{p-1} dV(x) \leq \\ & \leq C \int_{B \setminus B(0, 11/19)} \int_{B((r-\frac{1-r}{4})\zeta, \frac{9}{8}(1-r))} (1-|y|)^{p-1-n} M_p^p(\nabla u, |y|) dV(y) dV(x) \quad (7) \\ & \leq C \int_B (1-|y|)^{p-1-n} M_p^p(u, |y|) \int_{D(y)} dV(x) dV(y) \end{aligned}$$

where

$$D(y) \subset \left\{ x \mid \left| x - \frac{1-|x|}{4|x|} x - y \right| < \frac{9}{8}(1-|x|) \right\} \subset \left\{ x \mid |x-y| < \frac{11}{8}(1-|x|) \right\}.$$

From (7), since  $V(D(y)) \leq V(B)11^n(1-|y|)^n$  and using the polar coordinates the result follows.

**Proof of Theorem 1.** Let  $x \in B$ ,  $x = r\zeta$ ,  $\zeta \in S$ . Clearly

$$u(x) - u(0) = \int_0^1 u'(tx) dt = \int_0^1 \langle \nabla u(tx), x \rangle dt. \quad (8)$$

Denote  $t_k = 1 - 2^{-k}$ ,  $k \in \mathbf{N} \cup \{0\}$ . From (8) and using elementary inequalities we obtain

$$\begin{aligned}
|u(x)|^p &\leq |u(0)|^p + \left| \int_0^1 \langle \nabla u(tx), x \rangle dt \right|^p \\
&\leq |u(0)|^p + \sum_{k=1}^{\infty} \left( \int_{t_{k-1}}^{t_k} |\langle \nabla u(tx), x \rangle| dt \right)^p \\
&\leq |u(0)|^p + \sum_{k=1}^{\infty} \frac{1}{2^{pk}} \sup_{t_{k-1} < t < t_k} |\nabla u(tx)|^p.
\end{aligned} \tag{9}$$

Integrating (9) over  $S$  using the fact that

$$\sup_{t_k < t < t_{k+1}} |\nabla u(tr\xi)|^p \leq (\nabla u)^{\max}(\rho x),$$

for  $\rho \in (t_{k-1}, t_k)$ , applying Lemma 2 and then Lemma 3 to the function  $f(x) = \nabla u(rx)$  we obtain:

$$\begin{aligned}
M_p^p(u, r) &\leq |u(0)|^p + C \sum_{k=0}^{\infty} \frac{1}{2^{p(k+1)}} \int_S \sup_{t_k < t < t_{k+1}} |\nabla u(tr\xi)|^p d\sigma(\xi) \\
&\leq |u(0)|^p + C \max_{|x| \leq 7/8} |u(x)| \\
&\quad + C \sum_{k=3}^{\infty} \frac{1}{2^{p(k+1)}} \int_S \min_{t_{k-1} < \rho < t_k} ((\nabla u)^{\max}(\rho r\xi))^p d\sigma(\xi) \\
&\leq |u(0)|^p + C \max_{|x| \leq 7/8} |u(x)| \\
&\quad + C \int_{3/4}^1 (1-\rho)^{p-1} \int_S ((\nabla u)^{\max}(\rho r\xi))^p \rho^{n-1} d\sigma(\xi) d\rho \\
&\leq C \left( |u(0)|^p + \int_0^1 (1-t)^{p-1} M_p^p(\nabla u, rt) t^{n-1} dt \right) \\
&\leq C \left( |u(0)|^p + \int_0^1 (1-t)^{p-1} M_p^p(\nabla u, t) t^{n-1} dt \right),
\end{aligned}$$

where in the last inequality we use the fact that for  $p \geq \frac{n-2}{n-1}$ , the function  $|\nabla u|^p$  is subharmonic [6, Chap. 7.3], and consequently  $M_p^p(\nabla u, s)$  is nondecreasing in  $s$ . From this the result follows.

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